

# **Adult Confirmation Program Requirements**

## **1-on-1 Discernment Meetings**

Each candidate is required to participate in two discernment meetings: one before the beginning of formation and one at the conclusion of the formation process, shortly before the reception of Confirmation. The purpose of these meetings is to properly discern the candidate's readiness, intention, and desire to receive the Sacrament of Confirmation. These conversations allow for pastoral accompaniment, clarification of any unresolved questions or obstacles, and a shared affirmation that the candidate is prepared to fully embrace the faith and responsibilities of a confirmed Catholic.

## **Session Attendance – Thursday Nights (7:00-8:30pm)**

Thursday Adult Confirmation Sessions are at the heart of the Adult Confirmation preparation program. Through these meetings, you will have the opportunity to dive deeply into the story of our Catholic faith and discover how your life, along with the Sacraments you are preparing to receive, fit into that story.

## **Certificates of Baptism and 1<sup>st</sup> Eucharist (Due February 26<sup>th</sup>, 2026)**

Candidates are required to submit a copy of both their certificates of Baptism and 1<sup>st</sup> Holy Communion (if received) at the start of the formation process. Both certificates can be obtained by contacting your parish church of baptism.

## **Sponsor Form (Due February 26<sup>th</sup>, 2026)**

Candidates must choose a sponsor who is both a fully initiated and active Catholic to mentor and guide them not only through their journey to the Sacrament of Confirmation but also through their lifelong journey of faith. It is recommended that the sponsor chosen be one of the Candidate's Baptismal Godparents. Regardless, the sponsor will need to attend the scheduled 1-day retreat, rehearsal, and Confirmation Mass. Sponsors will need to fill out and return the sponsor form.

## **1-Day Retreat with Sponsors**

Just as Christ, during his lifetime, regularly withdrew to a solitary place to be alone with God in prayer, so must we make an effort to occasionally get away from the busyness of our lives and be with God in prayer. With that said, all candidates (and sponsors) are required to attend our 1-day retreat towards the end of the formation process. Please consult the Adult Confirmation Schedule for the retreat date. If, for a serious reason, you cannot attend our scheduled retreat, please let the Adult Confirmation Coordinator know as soon as possible.

## **Sacrament of Reconciliation**

Candidates will need to receive the Sacrament of Reconciliation (Confession) before receiving either the Sacrament of Eucharist or the Sacrament of Confirmation. An opportunity to do so will take place at the 1-day Adult Confirmation retreat.

## **Saint Reflection (Due Thursday, May 7<sup>th</sup>, 2026)**

Each candidate is asked to choose a saint's name for their Confirmation name. It is encouraged that you choose the saint of your baptismal name. Regardless, the saint that you are choosing should be someone that you can look up to and continually ask for intercession. Refer to *Adult Confirmation Saint Reflection Directions* for more details.